



OFFICE OF THE MAYOR
April 12, 2020

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Dear Madawaska Valley residents, businesses and community,

We are all being asked to make a small sacrifice of our personal freedoms by:

- Washing our hands regularly
- Keeping at least a hockey stick apart from others
- Staying home

These small sacrifices can make a big difference because they help protect our community's **essential workers**.

Healthcare workers, Long Term Care workers, grocery store and pharmacy workers, essential business and service workers, volunteer Firefighters, Community Living and Seniors Support workers, community volunteers, truckers, law enforcement officers and municipal staff are all essential workers.

They are on the front lines. They serve others and risk exposure to the virus. We need to acknowledge that service, support their efforts and show them the respect they have earned each and every day during this pandemic. The Public Health rules they are enforcing are there to reduce the spread of the virus and keep us all safe.

We can assist essential workers by:

- Limiting shopping to once per week and shop alone if possible
- Choosing a less busy day and time to do our weekly shopping
- Waiting patiently six feet apart for our turn to enter a store
- Bringing a shopping list with us so we are prepared
- Placing our used gloves and masks into our own garbage
- Telling healthcare workers if we've had any symptoms of COVID-19
- Seeking help if we need to self-isolate so we can stay at home

Please be kind, and remember to say **"Thank you for your service!"**

Mayor Kim Love
Township of Madawaska Valley